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Potassium Sensitivity Test

Pt Name:				Date of Birth:		Today's Date:	
Age:	Ht:	Wt:	BMI:	BP:	LMP:	LPS:	
BCM / HRT:				ALLERGIES:			
Medications:						Nurse:	

Symptom Grading Scale

Patient's urethra was prepped with betadine and a #8 French red rubber catheter was inserted using sterile technique. Two bladder irrigations were performed and graded, if the test was positive, a third bladder irrigation was performed.

Solution 1 (sterile water) 40 cc's

Pain	None 0	Mild 1	Moderate 2	3	Severe 4	5
Urgency	None 0	Mild 1	Moderate 2	3	Severe 4	5

Description of discomfort _____

Solution 2 (KCL solution, 40 meq per 100 cc's sterile water) 40 cc's

Pain	None 0	Mild 1	Moderate 2	3	Severe 4	5
Urgency	None 0	Mild 1	Moderate 2	3	Severe 4	5

Description of discomfort _____

Which solution was worse? Solution 1 ___ Solution 2 ___ Neither ___

Was the difference between the two solutions: None ___ Mild ___ Moderate ___ Severe ___

Test Positive? Yes ___ No ___

Test results counseling:

- | | | |
|---------------------------------|-------------------------|---------------------|
| 1. Negative test ___ | 3. Rescue solutions ___ | 5. Pain relief ___ |
| 2. IC definition / symptoms ___ | 4. IC diet ___ | 6. IC flare-ups ___ |

Medications prescribed; risks and benefits discussed:

- | | |
|---|---------------|
| • Elmiron 100 mg two bid on empty stomach | Started _____ |
| • Allergy medication _____ | Started _____ |
| • Pain medication _____ | Started _____ |

Total face to face counseling time _____

Signature: _____



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Rescue Solution

1. 8 cc of 2% lidocaine; 3 cc of NaHCO₃; 40,000 units heparin; 5 cc sterile water
2. 8 cc of 2% lidocaine; 3 cc of NaHCO₃; Elmiron 200 mg; 9 cc sterile water

Dates Installed / Solution Used in Treatment

_____ IC diet discussed ____ Pt tolerated procedure ____ Meds reviewed ____

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